

2023 FESL Volleyball Summer Camp

Our Lady of the Wayside - St. Raymond - St. James - Mary Seat of Wisdom - St. Paul of the Cross



FESL Volleyball camp introduces and emphasizes correct technique in all aspects of the game, providing athletes with individual attention in a group setting. In the All Skills classes, we practice and learn each skill: serving, serve receive, defense, setting, and hitting. We cover volleyball basics, court strategy, and game situations. We will play skill-based games each day, with a tournament and awards on the last day.

- Junior High classes are limited to 32 players | 2 full sized courts | 1:8 Coach to Player ratio
- High School limited to 12 players/court | 2 full sized courts | 1:6 Coach to Player ratio or better
- Please register for the grade your player will be in Fall 2023 (e.g., if they just finished 6th grade, register for 7th grade)
- Coaching Staff: Joanie Fesl & high school coaches: Eryk Krzyzak, Jack Nickle, Jake Bracerros, Annie Fesl Kotsadam, Mike Aldworth

Location & Class		Date & Time	Cost	Class Code
Our Lady of the Wayside 435 S Ridge, Arlington Heights		June 12 – 16		
All Skill	Co-ed 4 th - 5 th – 6 th Grade	8:30-10:00a M-F	\$150	OLW456
All Skill	Co-ed 7 th – 8 th Grade	10:00-11:30a M-F	\$150	OLW78
St. Raymond's 300 S Elmhurst Ave, Mt. Prospect		June 12 – 16		
All Skill	Co-ed 5 th – 6 th Grade	12:30-2:00p M-F	\$150	SR56
All Skill	Co-ed 7 th – 8 th Grade	2:00-3:30p M-F	\$150	SR78-1
All Skill	Co-ed 7 th – 8 th Grade	3:30-5:00p M-F	\$150	SR78-2
St. James 821 N. Arlington Heights Road, Arlington Hts.		June 19 – June 23		
All Skill	Co-ed 4 th - 5 th – 6 th Grade	9:00-10:30am M-F	\$150	SJS456
All Skill	Co-ed 7 th – 8 th Grade	10:30-12:00pm M-F	\$150	SJS78
Hitter and Blocker Training	High School (entering 9 th -12 th)	12:00-1:00pm M-F	\$175	HIT
Serve and Serve Receive Training	High School (entering 9 th -12 th)	1:00-2:00pm M-F	\$175	SSR
Setter Training	High School (entering 9 th -12 th)	2:00-3:00pm M-F	\$175	SET
Defensive Training	High School (entering 9 th -12 th)	2:00-3:00pm M-F	\$175	DEF
Mary Seat of Wisdom ^ 1352 S. Cumberland Ave, Park Ridge		June 26 – 29		
All Skill	Co-ed 4 th - 5 th – 6 th Grade	8:30-10:00a M-Th	\$120	MSW456
All Skill	Co-ed 7 th – 8 th Grade	10:00-11:30a M-Th	\$120	MSW78
St. Paul of the Cross ^ 140 S NW Hwy, Park Ridge		June 26 – 29		
All Skill	Co-ed 4 th - 5 th – 6 th Grade	12:30-2:00p M-Th	\$120	SPC456
All Skill	Co-ed 7 th – 8 th Grade	2:00-3:30p M-Th	\$120	SPC78

^Please note Mary Seat of Wisdom and St. Paul of the Cross classes are only 4 days, Monday through Thursday

Protocols for 2023

- We will follow all CDC and Archdiocese of Chicago regulations.
- An email will be sent to all participants before camp with more clear guidelines for Covid safety.
- The Covid/Insurance Waiver on the registration form must be signed.

Use the form on the second page, also found on the website: www.feslvolleyball.com. Registration will be confirmed via email within 48 hours of payment receipt.

1. Registration form – email a scanned copy or photo of the registration form or send via mail to Joanie Fesl
 - Email: joanie.fesl@gmail.com
 - Mail: 817 N. Beverly Lane, Arlington Heights, IL 60004
2. Payment options:
 - Cash or check mailed with registration form - make the check payable to Joanie Fesl (not FESL Volleyball).
 - Online Payment - via Zelle (preferred online payment), Venmo
 - Zelle: 847-791-1014 (registered as "Richard")
 - Venmo: @Joan-Fesl

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2023 Camp Registration Form			
Player's Name:			
Player's School		Player's Grade (Fall'23):	
Camp Location: <small>(circle one)</small>	OLW St. Raymond St. James Mary Seat of Wisdom St. Paul of the Cross	Class Code:	
Home Address:			
City:			
Phone:			
Emergency Contact:		Emergency Phone:	
Email Address:			
Payment: <small>(circle one)</small>	Cash	Check (#)	Zelle Venmo

Insurance Waiver

Waiver and release of all claims - Please read this form carefully and be aware that in signing up and participating in this camp, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with the Host School and Archdiocese of Chicago or FESL Volleyball Camp/Joanie Fesl.

I recognize and acknowledge that there are certain risks of physical injury to participants in given programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages, or loss, regardless of severity, that my minor child/ward may have (or accrue to my child/ward) as a result of participating in this program/activity - against the Host School and Archdiocese of Chicago or FESL Volleyball/Joanie Fesl.

I do hereby fully release and forever discharge Host School and Archdiocese of Chicago and FESL Volleyball Camp/Joanie Fesl staff from any and all claims for injuries, damages, or loss that my child/ward may have or which may accrue to my minor or child/ward and arising out of, connected with, or in any way associated with this program.

By signing this waiver, we acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that student and/or staff may be exposed to, or become infected by, COVID-19 by participating in camps and that such exposure or infection may result in personal injury, including, but not limited to, illness, permanent disability and death.

I have read and fully understand the above important, warning or risk, assumption of risk and waiver and release of all claims.

Print Participant's Name:			
Print Parent/Guardian Name:			
Parent/Guardian Signature:		Date:	