

2024 FESL Volleyball Summer Camp

St. Raymond - St. James - Mary Seat of Wisdom



FESL Volleyball camp introduces and emphasizes correct technique in all aspects of the game, providing athletes with individual attention in a group setting. All camps are open to students from any school.

All Skills sessions | Practice and learn each skill: serving, serve receive, defense, setting, and hitting. Camp covers volleyball basics, court strategy, and game situations. Play skill-based games every day, with a tournament and awards on the last day.

New this summer at St. James - open to students from any school

Positional Training sessions for junior high | In-depth specialized training for specific position/skills: hitting, serve/serve receive-defense, and/or setting. Training focuses on more in-depth technique and correcting form. 5 hours (1 hour per day) of in-depth specialized training. Players may do multiple sessions

- Junior High classes are limited to 32 players | 2 full sized courts | 1:8 Coach to Player ratio
- Please register for the grade your player will be in Fall 2024 (e.g., if they just finished 6th grade, register for 7th grade)
- Coaches: Joanie Fesl & high school coaches: Jack Nickle, Jake Bracerros, Kevin Bracerros, Mike Aldworth

Location & Class		Date & Time	Cost	Class Code
Mary Seat of Wisdom 1352 S. Cumberland Ave, Park Ridge		June 17– 21		
All Skill	Co-ed 4 th – 6 th Grade	9:00-10:30am M-F	\$165	MSW456
All Skill	Co-ed 7 th – 8 th Grade	10:30-12:00pm M-F	\$165	MSW78
St. Raymond 300 S Elmhurst Ave, Mt. Prospect		June 17– 21		
All Skill	Co-ed 5 th – 6 th Grade	1:00-2:30p M-F	\$165	SR56
All Skill	Co-ed 7 th – 8 th Grade	2:30-4:00p M-F	\$165	SR78
St. James 821 N. Arlington Heights Road, Arlington Heights		June 24 – 28		
All Skill	Co-ed 4 th – 5 th Grade	9:00-10:30am M-F	\$165	SJS45
All Skill	Co-ed 7 th – 8 th Grade	10:30-12:00pm M-F	\$165	SJS78
Setting Training	Co-ed 7 th – 8 th Grade	12:00-1:00pm M-F	\$150	Set78
Hitting/Blocking Training	Co-ed 7 th – 8 th Grade	12:00-1:00pm M-F	\$150	Hit78
Serve, Serve Receive, Defense Training	Co-ed 7 th – 8 th Grade	1:00-2:00pm M-F	\$150	SSRD78
All Skill	Co-ed 6 th – 8 th Grade	2:00-3:30pm M-F	\$165	SJS678

Use the form on the second page, also found on the website: www.feslvolleyball.com. Registration will be confirmed via email within 48 hours of payment receipt.

1. Registration form – email a scanned copy or photo of the registration form or send via mail to Joanie Fesl
 - Email: joanie.fesl@gmail.com (note: new email address)
 - Mail: 817 N. Beverly Lane, Arlington Heights, IL 60004
2. Payment options:
 - Cash or check mailed with registration form - make the check payable to Joanie Fesl (not FESL Volleyball).
 - Online Payment - via Zelle (preferred online payment) or Venmo
 - Zelle: 847-791-1014 (registered as “Richard”)
 - Venmo: @Joan-Fesl

2024 FESL Volleyball Summer Camp

St. Raymond - St. James - Mary Seat of Wisdom



2024 Camp Registration Form			
Player's Name:			
Player's School		Player's Grade (Fall'24):	
Camp Location: <small>(circle one)</small>	St. Raymond St. James Mary Seat of Wisdom	Class Code:	
Home Address:			
City:			
Phone:			
Emergency Contact:		Emergency Phone:	
Email Address:			
Payment: <small>(circle one)</small>	Cash	Check (#)	Zelle Venmo

Insurance Waiver

Waiver and release of all claims - Please read this form carefully and be aware that in signing up and participating in this camp, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with the Host School and Archdiocese of Chicago or FESL Volleyball Camp/Joanie Fesl.

I recognize and acknowledge that there are certain risks of physical injury to participants in given programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages, or loss, regardless of severity, that my minor child/ward may have (or accrue to my child/ward) as a result of participating in this program/activity - against the Host School and Archdiocese of Chicago or FESL Volleyball/Joanie Fesl.

I do hereby fully release and forever discharge Host School and Archdiocese of Chicago and FESL Volleyball Camp/Joanie Fesl staff from any and all claims for injuries, damages, or loss that my child/ward may have or which may accrue to my minor or child/ward and arising out of, connected with, or in any way associated with this program.

By signing this waiver, we acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that student and/or staff may be exposed to, or become infected by, COVID-19 by participating in camps and that such exposure or infection may result in personal injury, including, but not limited to, illness, permanent disability and death.

I have read and fully understand the above important, warning or risk, assumption of risk and waiver and release of all claims.

Print Participant's Name:			
Print Parent/Guardian Name:			
Parent/Guardian Signature:		Date:	